

HEAD LICE TREATMENT PROCEDURE

STEP 1: Use a pediculocide (chemical lice treatment)

If you are uncomfortable with the use of a pediculocide or have used it previously and it has been ineffective, you may skip to STEP 2. You will then need to repeat STEP 2 the following day.

Use an over-the-counter pediculocidal shampoo or cream rinse to kill most of the lice. Read the labels carefully and discuss the product with your doctor or pharmacist. Shampoo with the medicated shampoo following the directions. After rinsing out the shampoo, comb out the nits with a fine tooth comb and manually remove any remaining nits.

STEP 2: Apply oil treatment (mineral, olive, baby)

Oil smothers and kills active head lice. Place the oil over the scalp and hair. Thoroughly cover the hair with the oil then wrap in a towel. Let oil stay on at least 8 hours. Oil is best removed with Dawn dishwashing liquid. Your oil treatment days are 1, 2, 5, 9, 13, 17 and 21. The treatments have been carefully timed to coincide with the life cycle of the louse. If you choose not to use the pediculocide remember to use the oil treatment on Day 1 and Day 2 in addition to all other designated days. You may do the treatments more often if you like, but do not miss any of the days or you will have to start the procedure over from the beginning.

Combing Out the Nits

Leave the oil in the hair for the comb out. Using a good nit or fine-toothed comb (baby comb), comb the hair but often times you must actually remove the nits or lice with your fingers. Wash out the oil. Follow the enclosed treatment schedule for the next 3 weeks.

STEP 3:

STEP 4: CLEAN ENVIRONMENT: clean your house carefully once then concentrate on treating the hair.

1. All family members should have their heads checked for lice. If none are found, do not treat this member. Continue checking the hair weekly. Follow the above treatment procedure for each member of the house who has lice or nits.
2. Combs and brushes should be soaked in hot water.
3. All bed linens, towels, clothing and head gear which have been in contact with the individual who has head lice should be machine washed with hot water and detergent and dried in a hot dryer as soon as treatment has been started.

STEP 5: FOLLOW UP

1. Make sure that you inform others of the problem. It is very important. Baby-sitters, grandparents, school, day care center, playmates, and sports or other children's groups will be grateful for the opportunity to check their families.
2. Your child can return to school after one pediculocide treatment or one oil treatment, a thorough nit combing and nit check, and you have cleaned your environment. Please bring your student by the school clinic for a clearance to return to class.

Lice Treatment Schedule to be provided to parents as described in STEP #3 above:

LICE TREATMENT SCHEDULE

Make sure to follow the directions for each day. Make sure to take the time to remove nits after each oil treatment. This will keep new lice from being able to hatch and lay more eggs.

TREATMENT DAY	TREATMENT STEP	DATE
Day 1	STEP 1: Pediculocide and Oil Treatment or Oil Treatment Only	
Day 2	STEP 2: Oil Treatment	
Day 3-4	Check for lice or new nits	
Day 5	STEP 2: Oil Treatment	
Day 6-8	Check for lice or new nits	
Day 9	STEP 2: Oil Treatment	
Day 10-12	Check for lice or new nits	
Day 13	STEP 2: Oil Treatment	
Day 14-16	Check for lice or new nits	
Day 17	STEP 2: Oil Treatment	
Day 18-20	Check for lice or new nits	
Day 21	STEP 2: Oil Treatment	